

Free Seniors Workshop

Wednesday, October 18, 2017

10:00 am to 1:00 pm

**Greenbriar Recreation Centre
1100 Central Park Dr, Brampton**



Adult Injury Prevention Network (AIPN)

The AIPN is bringing experts together with solutions to common safety issues facing seniors today. Through education we encourage older adults to adopt safe lifestyle practices and make “smart choices” in order to reduce personal injury and prevent premature death. The better prepared you can be, the better you’re able to cope with things.

Light refreshments * Entertainment * Prizes

Registration is limited; please register by October 12, 2017

***Topics
include;***

Elder Abuse

***Recreation &
Fitness***

***Peel Regional
Police***

Fire Safety

Free registration

Contact:

Margo Tennant, Brampton Fire and Emergency Services
905.458.5580 margo.tennant@brampton.ca

Gillian Boyd, AIPN Chair
905.584.2272 x4335 gillian.boyd@caledon.ca