



# Blooms & Berries

July 5 - 31, 2021

## Strawberry Drink Recipe

### Ingredients

- 2 pints fresh strawberries
- 4 cups cold water
- 1 tablespoon maple syrup or honey

### Instructions

Hull and crush all but 8 of your strawberries. To crush your strawberries, you can use a fork, potato masher or muddler. Slice the 8 strawberries you didn't mash and set aside.

Mix your mashed strawberries with the maple syrup or honey. Taste for sweetness and add more if you like.

Mix your sweetened strawberries with the cold water in a jug. Add the sliced strawberries and serve.

Recipe courtesy of Kim Wheatley

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