

Papier-mâché Donuts

Learn how to make and use papier-mâché while creating a fun, 3D donut sculpture!

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MATERIALS

For Papier-mâché paste:

- ALL PURPOSE FLOUR
- WATER
- LARGE MICROWAVE SAFE BOWL/CONTAINER
- SPOON OR FORK
- MEASURING CUPS

For the rest of your donut:

- 1 NEWSPAPER STACK
- 1 ROLL OF TAPE (MASKING WORKS BEST)
- PAPER TOWEL (OPTIONAL)
- ACRYLIC OR TEMPERA PAINT
- PAINTBRUSHES
- SCISSORS
- PAINT PALETTE
- GARBAGE BAG OR NEWSPAPER FOR UNDER YOUR PROJECT (IT WILL GET MESSY!)

Instructions



Papier-mâché is a substance made of pulped paper mixed with glue and other materials to create a paste. Used as a popular method in creating sculptures, molds, and 3D shapes, it becomes a hard and sturdy material once dry.

1. PAPIER-MÂCHÉ PASTE

In a large bowl/container, mix 1 part flour with 2 parts water. Pour the water in gradually and keep stirring! Try to remove as many lumps as possible. Microwave the mixture for 30-40 seconds and give it a good stir. Put back into the microwave for another 30-40 seconds and stir again. Repeat 2-4 times until you starting seeing the mixture thicken. It should look like thick soup. If it is too thick it will not soak into the paper as well. Set aside and let cool.

2. NEWSPAPER STRUCTURE

Layer a few large sheets of newspaper and loosely twist them, forming a donut shape in a size of your choice. Secure with tape and wrap with more newspaper to create a sturdier, fuller structure. Once you have the perfect shape, reinforce it with tape, covering as much of the donut as you can.

3. PAPIER-MÂCHÉ!

Cut up strips of newspaper / paper towel (best for younger artists) that are 2-3" wide and 10-12" long. Dip your fingertips into your cooled papier-mâché paste and gently rub between your palms, then do the same with your paper strips so that they are tacky and slightly see-through.



4. PAPIER-MÂCHÉ APPLICATION

Place your prepared paper strips one by one onto your donut structure, taking time to smooth down all edges. Overlap your strips a little so that at the end your structure underneath is hidden.

5. WAIT

Leave to dry for at least 24 hours and remember to flip your donut halfway through! A warm and sunny spot by a window will speed the process. Papier-mâché can sometimes take 2 or even 3 days to dry, so be patient!

6. PAINT

Once completely dry, choose a base colour and use tempera or acrylic paint and a large paint brush to paint the entire donut. When your first layer is dry, use a smaller paint brush to add details such as icing, syrup drizzles, and sprinkles. Leave to dry. Your sculpture is complete!

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Step 2



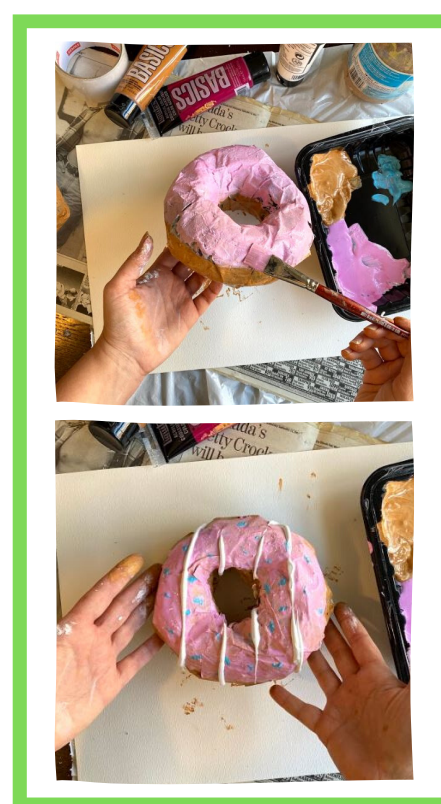
Step 3



Step 4



Step 6



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