



20-Minute Makeover – Cleanup Information

Every spring, Mississauga needs a 20-Minute Makeover. Join the thousands across Ontario who will volunteer for 20 minutes to pick up litter around their workplace, school or community.

Please ensure that you bring your garbage and recycling back to the exact garbage pick-up location indicated by your group leader when they registered.

Please read the enclosed safety tips.

DO's

Individuals:

- ✓ Bring and wear gloves, thick-soled closed shoes, long pants and long-sleeved shirts
- ✓ Wear safety vests or bright colours
- ✓ Wear sunscreen and/or bug repellent
- ✓ Drink plenty of fluids and keep "quick energy foods" on hand
- ✓ Be aware of your surroundings and the potential hazards associated with them (e.g., passing cars, hazardous tree branches, poison ivy, broken glass, needles, etc.)
- ✓ Use the "buddy system" ...work in teams of two or three to maximize safety
- ✓ Keep pre-moistened towelettes or hand-sanitizer on hand and wash hands after the cleanup
- ✓ Ensure that you have read the complete list of safety tips DO's and DON'Ts

Group Leader:

- ✓ Please ensure that all participants in your group have read this information sheet.
- ✓ Be aware of all known allergies of volunteers before participation
- ✓ Know emergency procedures, such as the location of the nearest emergency facility and how to quickly summon the police or an ambulance
- ✓ Have a first aid kit and cellular phone on hand
- ✓ If possible, have someone trained in CPR and/or First-aid on hand
- ✓ Provide adequate adult supervision if you involve youth in litter removal
- ✓ For all participants under the age of 18 years old, ensure that they are accompanied by an adult
- ✓ If you discover a questionable object on City of Mississauga property, please call 3-1-1 to report your concern.

DON'Ts

Individuals:

- ✗ Don't pick up hazardous materials such as hypodermic needles, sharp objects, old car batteries, condoms, animal carcasses or other unidentified, questionable objects.
- ✗ Don't overstuff bags
- ✗ Don't attempt to move large objects such as rusted car shells, old household appliances or swing sets
- ✗ Don't bring pets to events, as they may distract participants or even detract from the cleanup
- ✗ Don't enter swift moving water
- ✗ Don't overdo it physically
- ✗ Don't bring alcoholic beverages or consume alcohol during a clean-up

Group Leader:

- ✗ Don't schedule cleanups during peak pedestrian or traffic hours
- ✗ Don't conduct cleanups during extremely inclement weather
- ✗ Don't conduct cleanups near or around construction sites or heavy traffic areas

Please be advised that each participant is participating at his/her own risk. The City of Mississauga is not responsible for any damage or injury sustained as a result of or during participation in this event.

Participants shall have read and agree to comply with the recommended safety tips. Participants understand that it is entirely within their right and responsibility to decrease or stop their participation should they at any time believe it to be unsafe to continue doing so. Participants acknowledge they are free to voluntarily withdraw from the event at any time. Anyone under the age of 18 must be accompanied by adult supervision.