



Pat Saito

Councillor's Report

Ward 9

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Dear Neighbour:

Welcome to the Winter 2016 Ward 9 newsletter. This edition features mainly Region of Peel information but there is also local information you may need as we head into winter.

It has been a busy year in Ward 9 with the opening of both Union Park and the Meadowvale Community Centre and Library. Both are well used and welcome additions to our ward 9 recreational facilities. I encourage you to take the time to visit and enjoy them both.

On November 12 of this year I celebrated the 25th anniversary of the day I was first elected as your Councillor. I am so appreciative of the support from the residents of Ward 9 for all these years. I love our community and I work hard to make it the best it can be.

As we head into 2017, we will be facing many challenges at the city and region but we also have many opportunities. I look forward to working with you to make the most of those.

I also want to give a special thank you to those who volunteer your time to helping others. You make our city and our community great!

On behalf of my family and staff, I want to wish everyone a very Merry Christmas and Happy and Healthy New Year. To those who recognize other religious days, may your time of celebration be joyous.

Patricia (Pat) Saito
Councillor, Ward 9



Waste Collection Information over Christmas and New Years

There are some changes to collection schedules over the holidays so please note:

Curbside collection: All recycling, garbage and organics collection will be **one day later** for the weeks of December 26, 2016 and January 2, 2017.

Holiday waste exemption: There is a waste exemption period on your regularly scheduled garbage collection day during the weeks of December 27-30, 2016 and January 3-6, 2017.

During this period, if you receive curbside collection, you can place unlimited amounts of acceptable excess garbage at the curb without garbage bag tags. Bags must weigh no more than 20 kgs. (44 lbs.) each. You are asked to ensure that there is one metre of space between your excess bags of garbage and your garbage and organics carts.

Christmas trees: Real Christmas trees will be collected if you place them at the curb on your regularly scheduled recycling collection day during the weeks of January 9 and 16, 2017. You can also take trees to a Community Recycling Centre (CRC) if you miss your collection.

Trees taller than 3 m. (10 ft.) must be **cut in half** to be collected at the curb or dropped off at a CRC. There will be no drop-off fees at the CRC during the Christmas tree collection period.

You need to remove all outer plastic bags, ornaments, tinsel, nails, wire and tree stands from your trees for them to be collected. Trees placed in or on snowbanks will not be collected. If you live in an apartment or condo, you can put your trees at the curb by the driveway entrance to the property, but you are asked to ensure that these do not obstruct the road or sidewalk.

Community Recycling Centre (CRCs): CRC holiday hours for this holiday season are:

- | | |
|---------------------|------------------|
| • Dec. 24: | 8:30 a.m. – noon |
| • Dec. 25 and 26: | Closed |
| • Dec. 27- Dec. 30: | Regular Hours |
| • Dec. 31: | 8:30 a.m. – noon |
| • Jan. 1 and 2 | Closed |
| • Jan. 3: | Regular Hours |

Check peelregion.ca/waste for more information.

Keeping Active Key to Prevent Diabetes



Diabetes rates in Peel have risen significantly in the past 10 years. In 2007, about one in 10 Peel residents had diabetes but today that number has increased to one in seven.

Physical activity is one way to help lower your risk of developing type 2 diabetes. Keeping active in our community has been made easier through outdoor gyms that have been installed in some of our local parks.

We are fortunate to have three locations in Ward 9 where residents

can stay active by working out on outdoor equipment. Lake Aquitaine has a fitness circuit that enables all ages to work out as they walk the trail. Lake Wabukayne Park and the new Union Park have a variety of exercise equipment including pull-up bars, a stepper, parallel bars for dips and a multipurpose bar.

Outdoor gym equipment allows parents, grandparents and other caregivers to be active while their children are busy playing. The equipment is free of charge and allows residents to socialize with others, while staying healthy. When weather permits, I encourage you to give them a try and enjoy our beautiful community.

You can also increase your activity levels every day by simply walking or cycling to your destinations and by making a conscious effort to take short activity breaks. A good way to incorporate physical activity into your child's day is to encourage them to

walk or bike to school. Try to build physical activity into your workday as well by using the stairs, taking frequent stretch breaks and promoting walking meetings. I also encourage you to walk or bike the many trails available in Ward 9.

The Region of Peel remains committed to supporting healthier lifestyles by creating communities that promote walkability, public transit use and various modes of active transportation. We are working with our partners and the community to advance policies, programs and infrastructure projects that will create built environments that provide opportunities for you to be healthy, safe and connected.

Remember that small steps towards active living help promote healthy habits throughout the lifespan. For more information visit: healthypeelbydesign.ca and walkandrollpeel.ca.

Discounted Bus Fare for Food Bank Clients

I am pleased Council approved a bus ticket break for clients of our Food Banks. I have been working with Councillor Jim Tovey and Transit staff to bring in a pilot to enable Food Banks to buy tickets at a 50% discount for their clients.

Please Remember to Help those in Need.

For more information, visit edenffc.org, call 905-785-3651 or email info@edenffc.org.



Fresh Food Drive at Argentia Superstore in June 2016.



Fresh Food Drive at Metro in October 2016.

International Society of Crime Prevention Practitioners Symposium

I am so proud to have been with our Peel Police and Safe City staff as they were honoured with special awards at the ISCPP symposium on September 15 – 16, 2016. Congratulations to Constable Tom McKay for his Lifetime Achievement Award. Tom is Canada's longest serving crime prevention officer. I am also proud that Peel Police Crime Prevention won the Unit of the Year Award.

Last but not least, Alex Papatchidis, Neighbourhood Watch coordinator for Safe City Mississauga received the Community Program Award. We ended the event by announcing that Mississauga will host the 2018 symposium. We also brought back information that we can use to keep our city even safer.



With Alex Papatchidis and Constable Tom McKay.

Meadowvale Community Centre and Library Reopening

I hosted the grand reopening of the Meadowvale Community Centre and Library on October 22, 2016. The community centre had been under construction for two years and the community was finally able to celebrate the new facility.

Over 9,600 residents came out to celebrate. I presented the first 1,000 people with a free water bottle to commemorate the reopening. Elder Garry Sault of the Mississaugas of the New Credit conducted a special Aboriginal smudge ceremony to bless the new building.

Residents of all ages enjoyed a free BBQ, bouncy castles, plaque dedication, free swim, pumpkin and cookie decorating and much more.

I am so proud that the Meadowvale Community Centre and Library received the March of Dimes Award for Barrier Free Design on November 23, 2016. I would like to thank the members of the Accessibility Advisory Committee's Facility Accessibility Design Subcommittee as well as city staff for their work on making the community centre accessible!



The ribbon is cut at the MCCL!



Giving away free water bottles.



With Raptors 905 basketball players.



Aboriginal Elder Garry Sault.

Union Park Opens

On September 24 I hosted the grand opening of Union Park at the northeast corner of Tenth Line and Aquitaine.

Thousands of residents celebrated the park opening and picked up a free Frisbee that I gave out to commemorate the park opening. Residents of all ages enjoyed a free BBQ, bouncy castles, plaque dedication and much more. The park has a playground,



With the 1st and 3rd Meadowvale West Scouts.

adult fitness, skateboard park, multi-purpose pad with basketball hoops, a dog

run, water feature, covered shelter, benches and in the winter the park will have two



With volunteers Albert, Carmel, Dominick and Asim.

ice rinks and an improved toboggan hill.

Save a Life with CPR

Keeping our citizens healthy and safe is a top priority for me and especially for our Peel Paramedics. That is why I have been working with them to promote Hands on CPR training. Learning to save a life is invaluable...you never know when you might need this skill.

- There are no warning signs of cardiac arrest 90 per cent of the time. By performing CPR and using an AED (Automated External Defibrillator) before paramedics arrive, you can save someone's life. An AED is a small electronic device

used to reset a person's heart if it has stopped beating properly. They are designed so that people with no medical experience can use them. Simply turn it on and follow the instructions. AEDs are located in almost every public facility and in most work places.

I am pleased to have Peel Paramedics provide initial training at all my public events and to date hundreds of residents of all ages have learned how easy it is. To learn more about CPR and AEDs, visit peelregion.ca/paramedics/aed.



CPR Training at my Sept 13th Seniors' Fair.

Be the One!
Act to save a life

Peel's 10 Year Plan to end Homelessness



Since I was elected to Council in 1991, the Region has faced many challenges including how to help residents living in poverty. Today almost one in five families and individuals in Peel live in poverty. This is not acceptable and as a government we must find ways to reduce those numbers and help our citizens.

That is why a priority for our Region of Peel Council is increasing affordable housing and reducing wait times for subsidized housing.

It is also why the Region, Council and community partners

are implementing a 10-year housing and homelessness plan aimed at ensuring that everyone has a home and homelessness is eliminated.

Individuals, community agencies and other stakeholders come together as Community Reference Groups to help implement solutions across the continuum from homelessness prevention to home ownership. The plan focuses on the three objectives: increasing housing stock, increasing individual and family capacity, and building an integrated system that leverages knowledge and expertise, improves services and coordination and increases efficiencies.

For more information on the plan, our progress, and how you can get involved, visit peelregion.ca/housing.

List of the Natural Ice Rinks in Ward 9:

Charles "Bud" Brennan Memorial Park
6181 Edenwood Dr.

Quenippenon Meadows
2625 Erin Centre Blvd.

Settler's Green
6440 Glen Erin Dr.

Promenade Meadows Park
7099 Danton Promenade

Union Park
6627 Tenth Line West

List of Toboggan Runs in Ward 9

Union Park
6627 Tenth Line West

Castlegreen Meadows
2829 Castlegreen Dr.

Walk with me for The Coldest Night of the Year on February 25th!

On the evening of February 25, I will be joining hundreds of residents to walk on the Coldest Night of the Year to raise funds for the Dam Youth Drop In. This is a family-friendly, fun winter fundraising event for Mississauga's homeless, hungry and hurting.



The walk begins and ends at the Meadowvale Community Centre & Library, 6655 Glen Erin Dr., where walkers will register, turn in the results of their fundraising efforts, and return at the end of the evening for a warm celebration meal.

I have registered my team and I am looking for residents to join me. Please visit <https://canada.cnoy.org/home> to donate or to join my team "Pat's Plodders" and help raise money for those who need it most. You can also register your own team to help our youth here in Meadowvale.

Follow me on Twitter
@PatSaitoWard9



Friend me on Facebook
Councillor Pat Saito

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Region of Peel
Working for you.

Animal Care in Cold Weather

As we approach cold winter weather please remember that pet owners are required to provide proper shelter and care for their pets. Visit mississauga.ca/animalservices for the Standards of Care information.



City and Regional Office Closures

311 hours – 7 a.m. – 7 p.m.
Dec 27 – Dec 30, 2016
After hours call **905-615-3000**

Get the Ping Street App at
mississauga.ca/pingstreet

The City of Mississauga and the Region of Peel offices are closed December 25, 2016 and re-open January 3, 2016.

Winter Snow Clearing Info City of Mississauga

Follow @MississaugaSnow on Twitter for current conditions and progress.
Call the Information Snow Line **905-615-SNOW (7669)** to hear recorded information about plowing and salting during a snow event.

If there are concerns with road conditions 12-24 hours after a snowstorm ends please contact **3-1-1** or **(905-615-4311)** outside city limits).

Get the Mississauga Roads App at
mississauga.ca/mobileroads

Region of Peel

Please visit peelregion.ca/pw/transportation/residents/winter-maintenanceQA.htm for more information.

twitter.com/PeelPublicWorks

Contacts

Councillor Pat Saito

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Who does what?

Government Services
link on ward9.ca

Non-emergency calls for information and/or referral to
community, health and social services



Non-emergency calls for direct access to **government services** (Regional and City)



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