

Katie Mahoney



Katie Mahoney
Regional Councillor, Ward 8
City of Mississauga
300 City Centre Drive
Mississauga, ON L5B 3C1
OFFICE: 905-896-5800
FAX: 905-896-5463
katie.mahoney@mississauga.ca

Dear Residents,

These warm summer months are a precious few. I hope you will take advantage of all that the City and our Region have to offer during this time. From swimming pools to lakefront trails, first-class parks to outdoor sports and fitness – there are limitless opportunities to get active and participate in our community.

I personally recommend soaking up the sunshine along the scenic trails and bike paths recently added in our ward (see page 3). I have had the pleasure of exploring these fantastic new pathways. They are yet another reminder of the amazing recreation and outdoor activities that Mississauga has to offer.

Encouraging activity in our youth has never been more important than it is today (see Peel Youth Health Study, page 4). We are fortunate to live in a community with so many convenient options to support health and fitness for residents of all ages.

Keeping our environment healthy is also a priority. This summer, residents who use less water in their home or garden can benefit from a great reward including free passes to local conservation areas and community centers, money off of plants, and more. See Let Your Green Show (below) to join the movement to turn Peel green. More green living tips and updates are available on page 2.

As your City and Regional Councillor, I am committed to building a strong sense of community in our neighbourhoods. I want to encourage you to be active in our communities, build relationships with your neighbours and discover all that Mississauga and Peel have to offer you.

It is my pleasure to serve as your Councillor and I invite you to share your thoughts, suggestions and questions with me.

Wishing you a safe and joyful summer,

Contents

FEATURE STORIES:

- Grown in Peel
Fresh local foodspg. 1
- Free Human Services
Supportpg. 4

KEEPING OUR COMMUNITY CLEAN & GREEN:

- New programs and tips to support a greener Peelpg. 1 – 2

NEIGHBOURHOOD NEWS:

- Updates and developments in Ward 8pg. 3 – 4

RESOURCES FOR PARENTS AND PARENTS-TO-BE:

- Take advantage of free parenting resources and supportpg. 4

“Grown In Peel” –

Buy Fresh from Markets and Farms Near You

For eight years, the Grown in Peel, Buy Fresh Guide has received an overwhelming response from residents and local agencies in Peel. The 2013 Grown in Peel, Buy Fresh Guide features 30 farms and markets, and numerous picnic and conservation areas.

The guide is an excellent resource that helps residents locate local farms and farmers’ markets within Peel, improves access to nutritious foods and supports our farming community. It provides an easy-to-read map of farm and farmers’ market locations, their available products, and a legend that highlights the seasonal availability of nearly 50 vegetables and fruits!

The 2013 guide is available now and can be picked up at libraries, schools, fall fairs and municipal buildings or by emailing growninpeel@peelregion.ca to request a printed copy.

You can also visit the Grown in Peel, Buy Fresh website at GrownInPeel.ca to get information about what’s in season and the events happening at your local farms and farmers’ markets.



Keeping Our Community Clean & Green

‘Let Your Green Show’ and Enjoy Exciting Rewards!

Turning Peel green starts with you. Commit to a simple water-saving action and join the movement to protect our environment. Save big on water and cash with any one of the following green actions:

- Check your home for a leak
- Grow a plant that requires little water
- Use a rain barrel
- Install a high efficiency showerhead
- Install a water-efficient toilet

- A FREE day pass to a local community center
- A FREE family pass to a Credit Valley Conservation or Toronto and Region Conservation Authority Conservation Area
- \$5-\$10 coupons off of plants at local nurseries and the Caledon Farmers’ Market and more!

Every water-saving action registered helps ‘turn Peel green’ in the Greenest Ward Challenge and enters you into a monthly draw for more exciting prizes!

Then register your action at letyourgreenshow.ca to enjoy one of eight fabulous rewards including:

LET YOUR GREEN SHOW.CA home greenback program learn events green plans contact us

DO SOMETHING. GET SOMETHING. TURN PEEL GREEN

1 Grow Local/Eat Local

2 USE LESS WATER

3 Give Your Car a Break

get started or sign in

watch Peel turn green

Welcome to Phase 2 of Let Your Green Show, the campaign that rewards green actions with useful greenback coupons. This time we're focused on using less water.

Commit to practical, water-saving actions to get your greenback and help turn your ward green. Every action registered enters you into a monthly draw to win one of two great prizes – a Glen Echo gift basket or a rain barrel

letyourgreenshow.ca





Simple Steps to Protect Lake Ontario

Lake Ontario is a significant geographic feature in the City of Mississauga. It is also the prime source of our drinking water. We may not associate our daily activities with the health of our lake, but our habits and choices have a direct impact.

Make informed choices to help protect our drinking water and the beauty of our lakeshore.

Outside your home:

- Use fertilizer in moderation. The chemicals in fertilizer make their way into waterways when it rains.
- Use a car wash. Washing your car in the driveway sends chemicals into our lake. Use a professional car wash instead to direct dirty water to a wastewater treatment plant.

Inside your home:

- Don't put chemicals in drains or toilets. Take toxic substances to a community recycling centre where they will be disposed of safely.
- Choose phosphorous free detergents. Phosphorous is a large contributor to algae growth and odours in the Lake.

For more information visit peelregion.ca.

Make Blue Box Recycling an Even Bigger Success!

An estimated 1,100 tonnes of blue box materials are collected every week in Mississauga. By diverting materials from landfills, recycling plays a major role in supporting healthier, more sustainable communities and reducing municipal costs, but its success depends entirely on residents using it effectively.

Help make recycling even more efficient by eliminating contamination in your blue box. 'Contamination' occurs when non-recyclable materials, such as socks, plastic toys, plant trays, coat hangers and dishes, are put in the blue box. These items have to be removed, largely by hand, at significant cost to taxpayers and the success of our recycling program. Contaminated material currently accounts for 18% of the weight of the total tonnage of recyclables collected. Help us reach our target of reducing this figure to 10% or better in 2013.



Reduce Waste / Put Waste In Its Place!

- Visit wheredoesitgo.ca to help make garbage day easy.
- Support organics recycling: Separating your food and organic waste helps divert material from landfill, which can then be converted into compost.
- Consider donating gently used items instead of throwing them in the garbage.
- Look for items with less packaging and buy fewer single-use items.
- Reuse materials before recycling or discarding them. Donate gently used items.
- Use the Community Recycling Centres for free disposal of:
 - ✓ household hazardous waste
 - ✓ reusable goods
 - ✓ dedicated loads of blue box materials
 - ✓ electronics
 - ✓ passenger or light truck tires
 - ✓ large metal appliances and fixtures

For more information on how to manage your waste, visit peelregion.ca/waste.

Clean Carpet Recycling Campaign

The Region of Peel is the first municipality in Canada to participate in a "Clean Carpet" recycling program. This initiative keeps carpets out of landfills and recycles the fibres for new products.

The campaign, offered in partnership with CarpetCycle Canada, is an innovative example of environmental responsibility. Through this program, the Region is currently able to divert approximately 35 tonnes of carpet from landfills each week, helping to make Peel a greener place to live.

To participate, simply ensure your carpet is:

- Dry and free of debris, carpet tacks and staples
- Rolled up (i.e. there is no need to cut carpet into strips)

Businesses and residents can then bring their carpets to any of the following Community Recycling Centres (CRCs):

- Battleford Community Recycling Centre, 2255 Battleford Rd., Mississauga
- Fewster Community Recycling Centre, 1126 Fewster Dr., Mississauga
- Brampton Community Recycling Centre, 395 Chrysler Dr., Brampton

CRCs are open Monday to Sunday, 8:30 a.m. – 4:30 p.m. and on Thursday evenings until 8 p.m. (May 1 – Sept. 30).

Please note that disposal fees apply. For more information, visit peelregion.ca/pw/waste/crc.

Active Transportation

Making our communities more pedestrian and bicycle friendly

The Region of Peel and City of Mississauga are creating pedestrian and bicycle-friendly communities for all residents. In 2012, approximately 19 km of sidewalks, boulevard multi-use trails and paved shoulders were developed across Peel. These provide safe, interconnected and convenient spaces for people to walk, cycle, use wheelchairs, and use other forms of non-motorized transportation.

Active transportation (AT) promotes healthier lifestyles, helps reduce traffic congestion, and offers alternatives to driving to help reduce greenhouse gas emissions. An additional 22 km of new AT facilities are planned throughout Peel in 2013.

Peel Region's Active Transportation Plan (AT Plan), developed in collaboration with Mississauga, Brampton and Caledon, is a framework to increase the number of walking and cycling trips in our communities. It aims to increase 50,000 daily walking and cycling trips within the next five years through continued improvements to existing cycling and pedestrian networks and

more new programs to shift travel behaviour. In Mississauga, the AT Plan recommends:

- filling gaps along sidewalks and multi-use trails along Regional roads
- enhancing the pedestrian experience along sections of Derry Road, Britannia Road, the Queensway, Cawthra Road, and Dixie Road
- collaborating with the Ontario Ministry of Transportation (MTO) to improve freeway crossings at interchanges
- collaborating on the east-west trails in the hydro corridors near Hwy 403 and QEW
- developing pedestrian/cycling crossings of the Credit River between the Queensway and Lake Ontario

Find out more about our plans, projects and programs at walkandrollpeel.ca.



Hit the Trails for Bike Month

Bike Month is an excellent time for residents to explore community trails in Mississauga.

“We are fortunate to benefit from a truly impressive network of bike paths in Mississauga,” said Mahoney. “Whether you’re looking to escape the urban landscape, exercise outdoors, or find new and better ways to commute around the city, our trails offer something for everyone.”

To learn more about cycling in Mississauga and find trails in your neighbourhood visit mississaugacycling.ca/ward-rides.

Building our Cycling Networks

The City of Mississauga continues to expand cycling networks as part of its Cycling Master Plan. Coming this spring, new bicycle lanes will be added on Ridgeway Drive between Unity Drive and Eglinton Avenue. In addition, the City’s Cycling Office is investigating two other opportunities to expand bicycle networks in Ward 8.

They are:

- Colonial Drive between Unity Drive and Laird Road. This stretch of road provides a good north-south connection and would provide direct access to two elementary schools.

- Unity Drive between Winston Churchill Boulevard and Ridgeway Drive. This would provide a good east-west connection from the approved new bicycle lanes on Ridgeway Drive to the multi-use trails along Winston Churchill Boulevard.

Mississauga’s Cycling Master Plan is a strategy to develop over 900 kilometres of on and off-road cycling routes over the next 20 years. For more information on cycling in Mississauga, visit mississauga.ca/cycling.



Get Ready to Play

Get ready to upgrade your play experience as four parks in our community benefit from new, state-of-the-art playground equipment. Scheduled for completion by the end of the year, the following parks will benefit from exploration-worthy jungle gyms with challenging climbing walls, monkey bars, slides, animal-themed spring rocking toys and swing sets:

- King’s Masting Park
- Glen Erin Trail Park (at Folkway Drive)
- Glen Erin Trail Park (at Sir John’s Homestead)

In addition, Trapper’s Green Park will benefit from a new swing set.

The City of Mississauga works to improve accessibility standards and remove barriers to children with disabilities. New playgrounds include a transfer system to support children in accessing decks and slides, an accessible swing, a soft wood-fibre surface to accommodate strollers and wheelchairs, and a spring rocking toy with backrest for secure play.

For more information, contact William Montague who can be reached at 905-615-3200, ext. 3676 or william.montague@mississauga.ca.

Go Online Before You Dig

Are you planning a major landscaping project or putting in a new pool this year? If so, you’ll need to complete a Region of Peel Locate Request Form before beginning any construction on your property.

The easy-to-use form takes only minutes to complete. Once your request has been processed, the Region will provide you with information about underground water and wastewater

infrastructure so you’ll know where not to dig to avoid costly repairs.

Go to peelregion.ca/pw/locaterequest to fill out your request today.



Style of new playground equipment

South Commons Leisure Pool Shutdown

Due to major life cycle replacement and upgrades, the South Common Leisure Pool will be closed until mid-September, 2013.

Upgrades include:

- New water heating units
- Replacement of the dehumidification unit
- Retiling of change room floors and shower walls

- Fresh paint in change rooms
- This work only impacts leisure pool programs; all other South Commons Community Centre and Library programs will continue as scheduled.

During the closure, the City has expanded swim programs at other Mississauga pool locations. The David Ramsay Outdoor Pool, opening on June 15, is a five minute drive from the South Commons Community Centre at

2470 Thornlodge Dr. It will offer extended swim hours as well as the aquatics exercise, recreational swim and swimming lesson programs previously available at the South Commons Pool.

For updates on renovations, please visit mississauga.ca/southcommon. To learn more about City of Mississauga swim programs, visit mississauga.ca/recreation or call 3-1-1.



Neighbourhood Road Resurfacing

The following streets will be resurfaced under the 2013 Resurfacing Program. Work is anticipated to be completed in November 2013. For more information you may contact Dagmar Breuer, Capital Project Manager at 905-615-3200, ext. 5184 or by email at dagmar.breuer@mississauga.ca

- Colonial Drive from Laird Road to Unity Drive
- Dovetail Mews from Ridgeway Drive to McMaster Road
- McMaster Road from Ridgeway Drive to Colonial Drive
- Turnstone Crescent from Colonial Drive to Laird Road
- Unity Drive from Winston Churchill Boulevard to Ridgeway Drive

We're Here to Help:

Human Services Available to Support Residents

The Region of Peel's Human Services department can help you with financial, child care, housing, transportation and employment needs. What we can help you with:

- costs associated with child care
- tips for parenting
- training for a job
- learning English
- costs associated with medicine
- funeral costs
- family support
- access to food
- affordable housing
- what to do if you're about to be evicted
- utilities that have been or will be cut off
- abusive partners
- transportation for family member with disabilities
- aging parents that can't live on their own anymore

Visit peelregion.ca or call the Region of Peel at 905-791-7800.

2 Locations to serve you

- 10 Peel Centre Dr., Brampton
- 7120 Hurontario St., Mississauga



Resources for Parents and Parents-to-Be

Talk to a Nurse by phone or on Facebook – Babies don't come with instructions, and neither does pregnancy. Peel Public Health Nurses are available to answer your questions by telephone at 905-799-7700. You can also access Public Health Nurses and a community of other Peel parents on the Parenting In Peel Facebook page at [Facebook.com/ParentingInPeel](https://www.facebook.com/ParentingInPeel).

Prenatal Classes and Programs – Offered to Peel parents-to-be, participants receive information, support

and connections to resources in their communities. Specialized programs for teens and adults with convenient in-class and online options are available. Visit PregnantInPeel.ca or call 905-799-7700 to find a class or program that's right for you.

Breastfeeding Support – To help you get infant feeding off to the best possible start we offer hands-on support at breastfeeding clinics, telephone help (905-799-7700), mother-to-mother support, and information and breastfeeding instructional videos at BreastfeedingInPeel.ca.

Peel Postpartum Mood Disorder Program – Emotional changes are common during and after pregnancy, but if you feel sad, anxious, exhausted or overwhelmed for longer than 2 weeks, it might be a postpartum mood disorder (PMD). Visit PMDinPeel.ca for information and resources or call the Peel Postpartum Family Support Line at 905-459-8441.

Free Family Literacy Program – A series of workshops across Peel for families with children aged 0-6. Register online at peelregion.ca/children/programs/family-literacy/register.htm or call 905-791-1585 for more information.

Connect with Community Resources and Information Online – ParentingInPeel.ca provides information on a wide range of topics related to pregnancy and parenting. You can also gain access to numerous community supports and resources available to help you at PeelYoungParents.ca.

Measuring the Health of Peel's Youth

In 2011, Peel Public Health, in collaboration with both Peel school boards, surveyed 8,500 students in grades 7 to 12. This was the largest survey of its kind. The survey captured information on a variety of health topics, including: eating habits, physical activity, substance use, mental health, injury, and sun safety. In addition, Peel Public Health staff conducted height and weight measurements, an oral health assessment

(for students in grades 10 and 12) and a physical fitness assessment (for grade 9 students).

Their findings include the following:

- As students transition from elementary to secondary school, dietary quality declines; for example, the consumption of french fries, deep-fried food, soft drinks and energy drinks increases.

- Although two-thirds of students in Peel are a healthy weight, one-fifth of students are classified as overweight and one-sixth are obese. Further in Peel, boys are twice as likely as girls to be obese.
- Frequency of daily smoking increases with age. Less than 1% of grade 9 students report smoking cigarettes daily, as compared 6% of students in grade 12.

- The proportion of students who report losing sleep because of worries is twice as high among girls, as compared to boys (25% versus 13% respectively). To view all the survey and assessment findings, please visit: peelregion.ca/health/health-status-report/studenthealth2011.

Frequently Called Numbers

Councillor Katie Mahoney katie.mahoney@mississauga.ca	905-896-5800	mississauga.ca/portal/cityhall/ward8
Angela DiLegge Executive Assistant angela.dilegge@mississauga.ca	905-896-5800	
Debbie Thomson Administrative Assistant debbie.thomson@mississauga.ca	905-615-3227	
Region of Peel info@peelregion.ca	905-791-7800	peelregion.ca
Water Billing	905-791-8711	peelregion.ca/pw/water/rates
Water, Region of Peel (24 hrs.)	905-791-7800	
Waste Management	905-791-9499	peelregion.ca/waste
Peel Art Gallery, Museum and Archives	905-791-4055	pama.peelregion.ca
Peel Public Health	905-799-7700	peelregion.ca/health
Peel Regional Police	905-453-3311	peelpolice.ca

2-1-1, 3-1-1, 9-1-1 ... Know Who to Call

- 2-1-1 is for confidential information and referral to non-emergency community, health and social services in Peel (e.g. finding employment, a doctor or social housing)
- 3-1-1 provides residents, businesses and visitors with direct access to City and Regional programs and services in Peel (e.g. garbage pick-up, water billing, bylaws and taxes)
- 9-1-1 is for life-threatening emergencies or crimes (e.g. a fire, a crime in progress or a medical emergency)

For more information, visit peelregion.ca or mississauga.ca.

