

NEW MISSISSAUGA COOKBOOK IS A COMMUNITY PROJECT

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The city's newest project, "Taste of Mississauga: A Community Cookbook", is one-part food scene guide and one-part historical record.

An accumulation of collaborative work between artist Hiba Abdallah and supervisor of museums and education, Elizabeth Underhill, the light blue cookbook explores family recipes and 'Sauga restaurants.

In its infancy, the cookbook started out as a research project for Abdallah while she was working as an artist in-residence at the Small Arms Inspection Building.

"I was interested in the kind of density of food in Mississauga and its roots of how it was brought to the community," she said.

When Underhill joined the city's museum team, they had implemented a plan to bring the museum experience outside to various parts of the city.

When she learned about Abdallah's project, Underhill knew it would fit perfectly within the new plan.

So, both women set up shop in Square One over a weekend, welcoming mall-goers to share their food experiences or recipes.

Square One was the ideal location because it's where much of Mississauga's food scene is housed.

"It's like the epicentre of so much of the food culture here," said Underhill.

It also allowed them to "engage with new audiences that maybe wouldn't come to the museum normally," she said.

After listening to

countless stories and collecting stories, handmade notes and recipes, it was time for Abdallah to start planning and designing the book.

She wanted to keep the quality of style of the handwritten recipes and ended up scanning each note to keep them in their original form.

This resulted in an all-most zine-type style of book.

For Abdallah, the cookbook is a collection of what Mississauga's culinary landscape looks like today.

For Underhill, it also serves as a historical record.

"Maybe hundreds of years from now, people can look back and say, 'this is what people in Mississauga were eating at that moment'," she said.

The book will be part of



Riziero Vertolli/Torstar

Editor Hiba Abdallah partnered with City of Mississauga Museum and Education supervisor Elizabeth Underhill to create Taste of Mississauga - A Community Cookbook.

the museum's permanent education collection, available for residents to

flip through across the city's museums.

In the future, both Ab-

dallah and Underhill hope to see the new editions of the cookbook.