

Beating the early bird in the morning is how Ted Woloshyn stays at the top

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When CFRB radio personality Ted Woloshyn awakes at 3:20 a.m. he knows he'll be doing more than just engaging thousands of listeners driving into work every morning.

In fact, Woloshyn who admits he sleeps in for an extra 10 minutes before pushing himself out of bed, says upholding his responsibility to Mississauga residents when he is off the airwaves is never a drag for someone who always feels sleep-deprived.

Woloshyn grew up in a small house in Vaughn where his Ukrainian parents owned and operated a motel. At the young age of 9, Woloshyn decided selling ice cream and popcorn was the only way he'd gain access to the racetrack behind his parent's motel.

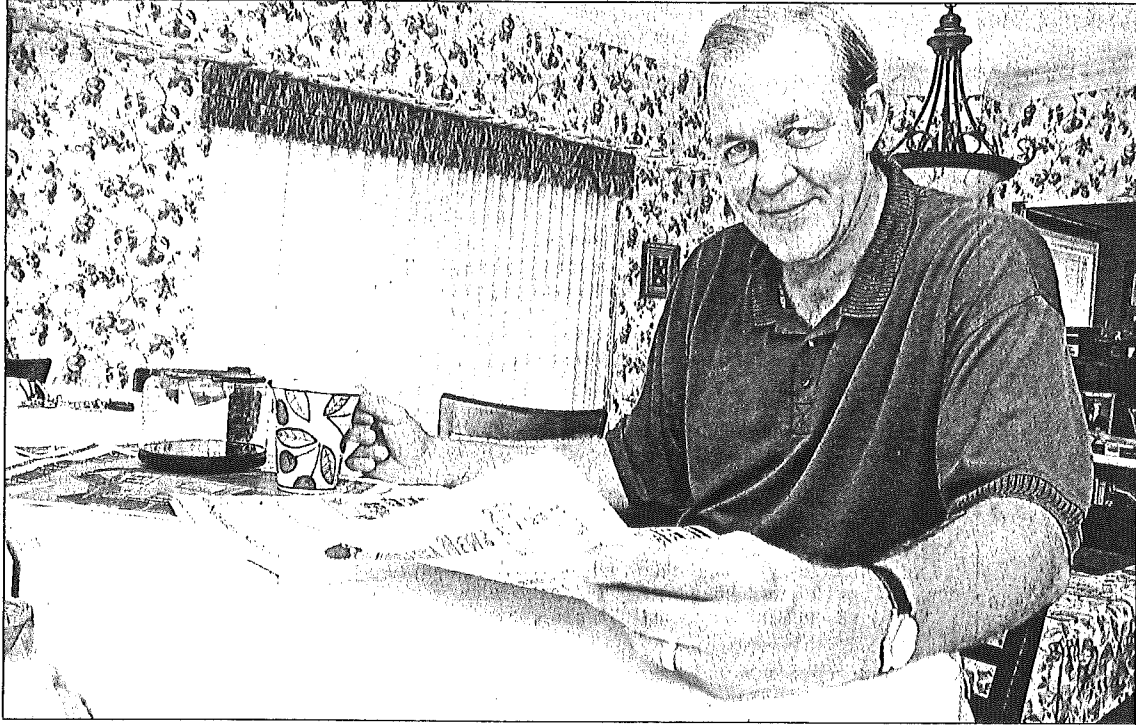
The Ted Woloshyn Show which airs live weekday mornings on CFRB AM 1010 between 5 a.m. and 9 a.m. is merely an extension of the thrill and excitement the talk show host experienced as a young boy on the racetracks and today encounters in four hours of live radio everyday.

"You really don't know what you're in for, you don't know what's going to happen. It's exciting to be on top of things first thing in the morning," Woloshyn said.

But with more than 27 years of experience in the broadcast industry Woloshyn confesses what he knows to be certain: "nothing is for sure."

"There are so many players (in the broadcast industry). It's an intense business and there's not a whole lot of security. Sometimes people lose their jobs not because they're not good at what they do but because of ratings. You just can't take anything personally," Woloshyn explained.

The number one host on AM radio believes part of his responsibility to faithful listeners includes limiting controversy first thing in the morning.



CFRB radio personality Ted Woloshyn rises at 3:20 a.m. every day before heading downtown to host his morning show that continues to command the number one spot on the AM dial.

And Woloshyn need not go far to find his fans.

"He (Ted Woloshyn) has an unusual sense of humour which makes his message pleasant and unforgettable," Hazel McCallion, Mayor of Mississauga said.

The decision to reside in Mississauga came when the 48-year-old father of two decided along with his wife that a clean city, non-existent parking problems and a rich ethnic mix would be the most suitable location to bring up a family.

A grueling schedule means Woloshyn must be in bed by 8:30 p.m. However, the Mississauga resident of 14 years believes his involvement with Crime Stoppers, Community Living, and United Way is a

privilege that comes with having a distinguished name. The honorary Big Brother also hosts a golf tournament every year for The Toronto Children's Breakfast Club, which he is currently trying to find a home for in Mississauga.

"No matter where I go in Mississauga Ted is recognized for the volunteer work he does. He's a lot of fun to be around and tells great stories," Emil Kolb, Region of Peel Chair, said.

His compassion for children means Woloshyn has difficulty choosing which charity to lend his time to, but explains any charity for children is bound to be valuable.

"I'm a kid at heart. They (children)

are the most vulnerable in society," he said.

While Ted Woloshyn acknowledges his ability to work on his feet as a great strength he confesses a lack of patience has worked against him in the past.

"In the past I've lost my patience on the air and later regretted it. I'm learning to be more patient," Woloshyn said.

Although he is up too early in the morning to see his 16-year-old daughter and 13-year-old son off to school, Woloshyn says he makes an effort to spend time with family in the evening and on weekends.

Plans for the future?
"I'll sleep when I'm old."