

SPORTS

Laumann to partake in Mississauga Sports Summit

IAIN COLPITTS

icolpitts@mississauga.net

11N Feb 23, 2017

One of Mississauga's most well-known high performance athletes will return to her hometown to participate in the Mississauga Sport Summit on March 4.

Four-time Olympic rower Silken Laumann will be the keynote speaker at the event, hosted by the Mississauga Sports Council (MSC) in partnership with the City of Mississauga to provide local grassroots sports organizations with opportunities to take part in panel discussions aimed toward fostering development and best practices.

The event will be held at the Novotel Toronto Mississauga Centre from 8 a.m. to 4 p.m.

"We're thrilled to celebrate Canada's 150th anniversary with Mississauga native Silken Laumann as our keynote speaker," said MSC president Susan Stewart.

"Not only is it great value for our grassroots sport groups, it's a great opportunity for us to come together as a sports community."

Laumann, best known for coming back from a horrific leg injury in time to win bronze at the 1992 Olympics in Barcelona, grew up in Mississauga and got her start at

the Don Rowing Club under the guidance of coach Fred Loek, former chief photographer with the Mississauga News.

An inductee into the Mississauga Sports Hall of Fame, Ontario Sports Hall of Fame and Canadian Sports Hall of Fame, she now works as a life coach and motivational speaker in Victoria, B.C.

Sports groups throughout the City of Mississauga can register for the Summit for \$25 for up to two club representatives.

In addition to a full day of presentations and networking opportunities, the price includes a continental breakfast and luncheon. The MSC held a similar event in 2015.

Topics up for discussion in this year's conference include: volunteer engagement, strategic planning, financial management, coaching confidence, sport injury prevention, concussion management, fund development, respect in sport and collaborative marketing.

"It's an investment in the success of our grassroots sports and we've covered the bases from administration to coaching to governance," Stewart said.

"We encourage all our sports groups to send representatives and help shape the conversation and strengthen their infrastructure." For more information or to register, visit saugasports.org/sport-summit.