

Peel Region News

## Meet Ruth Kitchen

# Citizen of the Year cooking on all burners

April 8-8 PM

By STEVE PECAR  
Staff Reporter

Ruth Kitchen has been chosen as Mississauga's Citizen of the Year for 1984.

The announcement was made last week by the Citizen of the Year selection committee whose members chose Kitchen from among 23 nominations for the honor.

When notified, Kitchen said she was delighted with the news but also very surprised.

"This has come right out of the blue," she said. "I didn't even know I was nominated."

A 15-year resident of Mississauga, Kitchen has worked in the community in board positions with the United Way in Peel Region and Christ Church United, as well as being an active member of the Erindale College Scholarship Campaign Committee and a publisher for the fundraising cookbook *Fare for Friends*.

During the past year, Kitchen has also served on the long-range planning committee of the Mississauga City Board of Trade.

All this while being secretary-treasurer of Lansing Lumber in Mississauga of which her husband Howard is the owner.

As for her community involvement, Kitchen said it is something she has always done.

"It's part of my lifestyle to do something outside the home to help people," she said. "I also find it very stimulating meeting so many interesting people."

Kitchen also heaped praise back onto the community, saying Mississauga is a great place to both live and work.

"There is a sense of community here," she said. "If you become involved, you can tell the people have a great spirit for the city."

In his nomination for Kitchen as Citizen of the Year, John Stark of the Mississauga architecture firm Stark Hicks Spragge noted that Kitchen's "attitude is one that clearly divides her personal business from her volunteer work. Her concerns always seem to be for other people; her measurement of success is different from many in that she is more concerned about other people feeling positive, and satisfaction is derived from seeing other people benefit from her work."

Kitchen will receive the Gordon S. Shipp Memorial Award for being named Citizen of the Year 1984 at a Sunday brunch banquet on April 21 at the Credit Valley Golf and Country Club.

Tickets for the event are \$20 and may be purchased at *The Mississauga News*, 3145 Wolfedale Rd., or the Mississauga Board of Trade offices, 4 Robert Speck Pkwy.

All proceeds from the banquet will go to the Credit Valley Hospital.

The event is sponsored by the Alumni Association of the Erindale Campus, University of Toronto, Mississauga City Board of Trade and *The Mississauga News* in co-operation with the City of Mississauga.



Staff photo by Rob Beintema

Mississauga's Citizen of the Year 1984 is Ruth Kitchen. The 15-year resident of the community was chosen for her work in such areas as the United Way of Peel Region and for helping to publish a fundraising cookbook for Interim Place.

Peel Reg. 6109

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KITCHEN, Ruth