

Mrs. Helen De Silaghi

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Telepathic artist says she's visited other planets

By BOB BERGEN

Mrs. Helen De Silaghi, telepathic artist, who insists she's been to other planets, says she has seen life forms most science fiction writers couldn't begin to imagine. She occupied more well-charted areas, however, at an exhibition of her cosmic art at the Applewood Place apartment complex.

"Perhaps my cosmic experiences work their way into my art subconsciously," says Mrs. Silaghi, reacting to a query about the similarity between some of her portrait paintings and the paintings of other life forms she has "seen".

Mrs. Silaghi is personable and very anxious to talk about her art and her extra-terrestrial experiences. She finds the initial topic of conversation a trying experience, not for her but for those who wish to speak to her. After all what do you say to someone who has had the mysteries of the universe revealed to them?

"There are two kinds of universes," she maintains, "optical and non-optical. Our world is in the optical universe which is definitely still in a very primitive stage."



Madam De Silaghi-Sirag explains that perhaps her extra-terrestrial experiences find their way into her works unconsciously. She with her work 'Technological Sun' at a display in Mississauga recently.

She reacts to the skeptical questions anyone may ask with a very positive outlook. Mrs. Silaghi is obviously used to dealing with skeptical people.

Easy

"It's easy to understand why you can be skeptical," Mrs. Silaghi explains, "because you haven't seen the same things I have."

"You know, your body can be only 25 years old but your astral brain development can be millions of years ahead of your body."

"One cell is life and you have millions of cells. You, as a human being, took millions of years to develop to what you are now," she said last week.

Although the possibility Mrs. Silaghi is a put-on is ripe for debate, and her interpretations of the universes she's seen leave a great deal of room for discussion, her vivid imagination still has a tangible direction.

Her painting called "Mauve Planet" (which she claims she's been to incidentally) shows a world in which highly technologically advanced inhabitants have destroyed their atmosphere when experimenting with it. The inhabitants control the population by artificial insemination.

The planet, as she depicts it, is stark, cold and lifeless (at least limited to the normal human's point of view) and the mood of the painting is frightening.

Blue planet

The "Blue Planet" in a painting of the same name is the planet she visited on her first "astral projection" trip at the age of 14.

On that planet the inhabitants had been experimenting with the disintegration of matter. They even tried to disintegrate her, she says.

There are elements in her work which repeat. For example, in her work "School Over", the sterile building in the background appears to be much the same as the buildings on the "Mauve Planet".

The people in most of her paintings are faceless. Nonetheless, her feelings about the life situations of those in her paintings actually come across. You know the fascination of the child in her painting "Yo-Yo".

She changes the colors of the elements in her landscape paintings so water appears murky and almost sinister. This is especially apparent in "Driftwood".

Whether Mrs. Silaghi is a put-on is not really important. The thing which is important is the fact that her paintings capture the imagination and then hold it. They are valuable if only for the mental exercise the observer must undergo to do justice to the effort put into Mrs. Silaghi's work.