

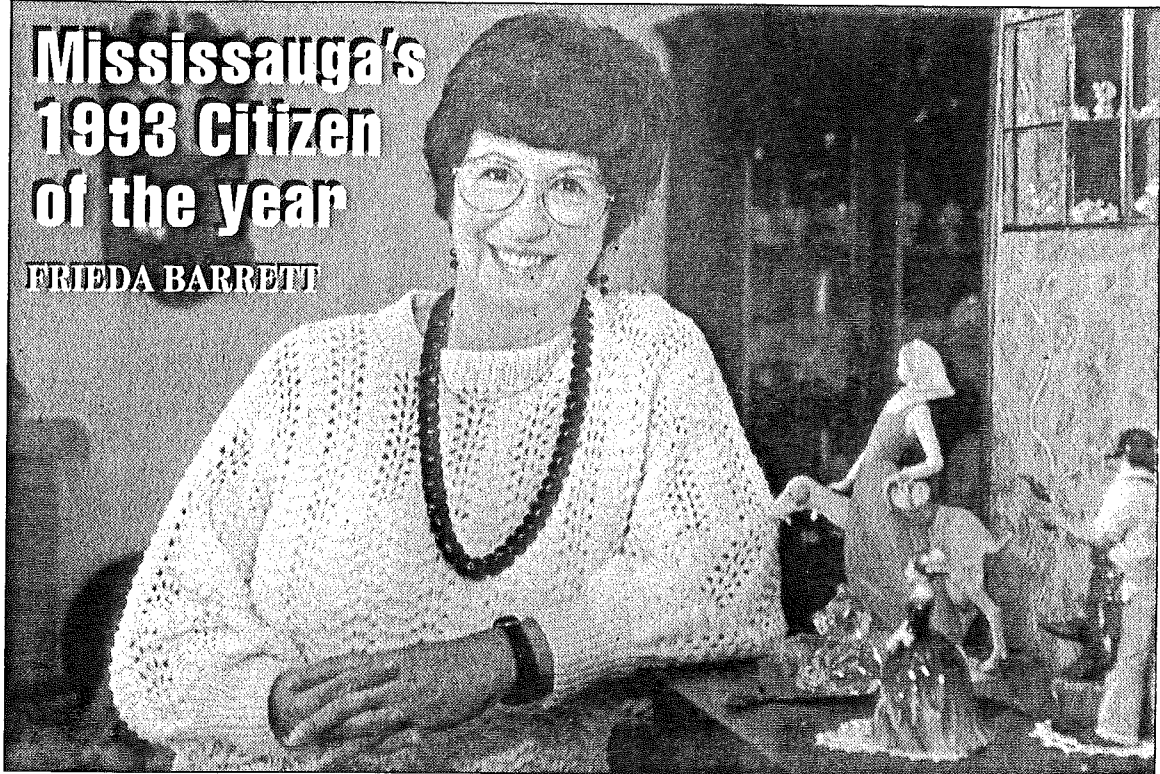
Peel Bios. Bk

Barrett, Frieda

Mar. 10-93  
MN

## Mississauga's 1993 Citizen of the year

FRIEDA BARRETT



## Barrett's one busy volunteer

Frieda Barrett would knock on strangers' doors, brave the antics of 30 pint-sized strangers or stand chest-deep in water if she thought it would help her neighbors.

In fact, she already has.

Barrett, Mississauga's 1993 Citizen of the Year, has canvassed for the Canadian Cancer Society, volunteered as a teaching assistant in her daughters' schools and taught children with handicaps to swim, all in the spirit of being a good neighbor.

She is the 14th Mississauga resident to receive the Gordon S. Shipp Memorial Award, which was established in memory of one of the community's most committed volunteers.

Other recipients include Margaret Leslie (1980), Ted Glista (1981), David Doncaster (1982), Lyle Doering (1983), Cheryl Easton (1984), Ruth Kitchen (1985), Velma Kennedy (1986), Mary Cline (1987), Harold Shipp (1988), Frank Paznar (1989), Don Laughton (1990), James Hammond (1991), and Ignat Kaneff (1992).

Barrett, who has lived in Mississauga with her husband Micheal and daughters Trina and Shelley for 21 years, has contributed thousands of hours to organiza-

tions such as the Peel Lung Association, Meadowcroft and Tyndall Nursing Homes and St. Patrick's Catholic Church over the past two decades.

"I enjoy (volunteering)," says Barrett. "It makes me feel good to help, especially old people and children."

One of Barrett's most fulfilling volunteer activities is the time she spends at the Terry Fox Pool where she teaches children with handicaps to enjoy the therapeutic benefits of water.

Barrett also enjoys the time she spends taking senior citizens shopping and to medical appointments. "I get great satisfaction out of it," says Barrett.

The mother of two was "surprised" to learn she'd been named as winner of the Shipp award. She will be honored at the Citizens of the Year Awards Banquet Sunday, May 2, at the Delta Meadowvale Inn.

Barrett will be among several individuals honored at the awards ceremony, including two outstanding volunteers — Lewis Lawrence and Andrew Orłowski — who have been named local heroes for their contributions, two Mississauga firefighters and two Peel Regional police officers.

To order tickets (\$30 each) for the Citizen of the Year luncheon, call 273-8192.