

# Lifesaving Society Leadership Program

Open the doors to learning opportunities and rewarding jobs in Aquatics by developing your skills in lifesaving techniques, teamwork and leadership

## **Bronze Star** (optional)

Recommended: Completed Swimmer 11/Star Patrol

## **Bronze Medallion & Emergency First Aid/CPR B**

\*Prerequisites: Bronze Star or 13 years of age

## **Bronze Cross & Standard First Aid/CPR C**

\*Prerequisites: Bronze Medallion & Emergency First Aid/CPR B

### **Distinction** (optional)

\*Prerequisites:  
Bronze Cross

### **Lifesaving Society Assistant Instructor** (recommended)

\*Prerequisites:  
Bronze Cross or  
higher and 14 years  
of age

### **National Lifeguard Service (Pool)**

\*Prerequisites: Bronze Cross and Standard First Aid/CPR C and 16 years of age

### **Lifesaving Society Swim/Lifesaving Instructors with PHCD**

\*Prerequisites: Bronze Cross and Standard First Aid/CPR C and 16 years of age

\*Materials purchased at the pool on the first day of class.

For more information and registration details on advanced leadership and first aid courses, visit [mississauga.ca/aquatics](http://mississauga.ca/aquatics)