Wellness Rates

Membership and Services

Wellness Membership:

Prices subject to change

Membership Type	12 Months (Best Value)	3 Months	1 Month
Adult (18- 64yrs)	\$ 519.00 (\$43.25/mo.)	\$167.00 equals \$55.67/mo.	\$63.00
Youth (10-17yrs)* Full-Time Students* Older Adult (65+yrs)* Person with a disability*	\$415.20 (\$34.60/mo.)	\$133.60 equals \$44.53/mo.	\$50.40

Single and 5+ Visit Rates:

		Single Visit	5+ Visit Card
Adult (18- 64yrs)	Open Therapy Time	\$10.35	\$9.30/visit
	Land Classes 60 minutes	\$12.45	\$11.20/visit
	Water Classes 60 minutes	\$15.55	\$14.00/visit
Youth (10-17yrs)* Full-Time Students* Older Adult (65+yrs)* Person with a disability*	Open Therapy Time	\$8.30	\$7.45/visit
	Land Classes 60 minutes	\$9.95	\$8.95/visit
	Water Classes 60 minutes	\$12.45	\$11.20/visit

^{*}Documentation required. Waiver form required for youth memberships.

- Prices exclude applicable taxes and non-resident fee
- 10% membership discount if purchased by 2 or more members of the same immediate family.
- Memberships can be cancelled at any time and receive a pro-rated refund minus the \$10.00 administration fee.



Personal Training

Therapeutic Pool

Personal Training: 45 Minute Sessions

Sessions	Private	
1-4 sessions	\$42/session	
5+ sessions	\$33.60/session	

Personal Training: 60 Minute Sessions

Sessions	Private	Semi-private (2 people)
1-4 sessions	\$56.00/session	\$47.00/person/lesson
5+ sessions	\$44.80/session	\$37.60/person/lesson

• Therapeutic land personal training is also available.