June 2016: Seniors' Month Events and Activities in Mississauga

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		12 pm - Mississauga Seniors Centre - Seniors' Month Kick-off Event	10 am – Older Adult Expo 2pm – Movie Series at Central Library	11 am – Healthy Living & Wellness Fair 2 pm – Learn to Plant a Seed Garden 3:30 Financial Tips for Seniors 6pm Stitch!	Badminton Pickleball at Malton CC, call for more info	10:30 am - e- library basics
2 pm - Downton Abbey Tea		2 pm - Computer Basics/ e-library basics 2 pm - Seed saving workshop	Seniors get Fit! Call Clarkson CC for more info 9:45 am – Lakeview Library at Mississauga Seniors Centre 1 pm – Strawberry Bingo 2pm – Movie Series	2 pm – Movie Matinee 2 pm – Moving and Downsizing Solutions for Seniors	10 am - Tree Planting	10:30 am - e- library basics 2:30 - Mississauga Maker: Sewing
	10 am - Huron Park Seniors Appreciation Week	10 am - Huron Park Seniors Appreciation Week 12 pm - Get your documents notarized for free 12 pm - Movie Day 2 pm - Computer Basics/ e-library basics 7 pm - Adult Book Club	10 am - Huron Park Seniors Appreciation Week 10 am - Kickoff event for the Library's 2016 Woodlanders 55+! 12 pm - Games Day and Tri its! 2 pm - Movie Series 6 pm - Book Club 7 pm - Knitting	10 am - Huron Park Seniors Appreciation Week 11 am - Emergency Preparedness at Fire Station 2 pm - The Adult Colouring Craze 2 pm - Personal Safety, frauds and home security	10 am - Huron Park Seniors Appreciation Week 1 pm - Movie and popcorn	10:30 am - e- library basics
	10 am - Adult book Club	2 pm - Computer Basics / e-library basics	2 pm - Documentary Film Screening 2 pm - Movie Series at Central Library	12 pm - Celebrating Seniors' Month Open House 2 pm - Intergenerational Board Games	10:30 - Colouring vs. Lego 12:30 - Strawberry Bingo 1 pm - Line dancing 1 pm - Container Gardening	10:30 am – e- library basics
		2 pm - Computer Basics / e-library basics	11 am - Fraud and scam prevention 2 pm Strawberry social 2 pm Older Adult Social Club 7 - Clarkson Library Book Club			10:30 am – e- library basics

Seniors' Month Events in Mississauga

Community Centre Library Museum

TueMay31,2016

12 pm - 3 pm Mississauga Seniors Centre - Seniors' Month Kick off Event

Where: Mississauga Seniors Centre, 1389 Cawthra Rd, Mississauga Description:

Seniors' Month Kick Off event! Older adults are welcome to join in our Senior's Month Kick-off event at the Mississauga Seniors' Centre. Drop in for a free lunch, information, resources & entertainment. Free | No registration required

Wed Jun 1, 2016

10 a m - 3 p m Older Adult Expo

Where: Hershey SportZone, 5600 Rose Cherry Pl, Mississauga Description:

Older Adult Expo! Kick off Seniors' Month with this exciting event packed with activities including a Seniors Got Talent Show, 46-standtrade fair, educational speakers and fitness demos. Free | No registration required

2 p m - 3 p m Movie Series at Central Library

Where:

Mississauga Central Library, 301 Burnhamthorpe Rd W, Mississauga **Description:** Wednesday, June 1, 8, 15 and 22, 2pm - Noel Ryan Auditorium Movie Series Free | No registration required

Thu Jun 2, 2016

2 a m - 3 a m Financial Tips for Seniors

Where: Frank McKechnie Library, 310 Bristol RdE, Mississauga Description:

Financial Tips for Seniors Free | No registration required

6:30am-8am Stitch!

W h e r e : Clarkson Library, 2475 Truscott Dr, Mississauga

Description:

Stitch! Knit and crochet session for all ages and all levels of experience Free | No registration required

11am - 3pm Healthy Living & Wellness Fair for Older Adults

Where: Burnhamthorpe Community Centre, 1500 Gulleden Dr, Mississauga Description:

Heathy Living & Wellness Fair for Older Adults - Attend this event to learn more about healthy eating, falls prevention, physical fitness, community programs and services for older adults. Come and speak with community support specialists, health care providers, recreation professionals, and public health specialists. Free No registration required

2 p m - 4 p m Learn to Plant a Seed Garden

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga Description:

Free | Registration required, call 905 615 4635

Fri Jun 3, 2016

All day Badminton / Pickleball

Fri Jun 3, 2016 - Sat Jun 4, 2016

Where: Malton Community Centre, 3540 Morning Star Dr, Mississauga

Description:

Badminton/Pickleball Badminton/Free | No registration required 905 615 4640

Sun Jun 5, 2016

2 p m - 5 p m Downton Abbey Tea at Benares Historic House

Where: Benares Historic House, 1507 Clarkson Rd N, Mississauga

Description:

Downton Abbey Tea - Indulge in a cup of delicious tea followed by a tour of the Benares Historic House.

Tue Jun 7, 2016

2 p m - 4 p m Computer Basics / E-library Basics

Where: Churchill Meadows Library, 3801 Thomas St, Mississauga Description:

Book an appointment for one-on-one computer assistance with library staff. Learn how to use the Library's eBook, online magazine and online music collection on your devices. Free | Registered at 905 615 4735

2 p m - 4 p m Seed Saving Workshop

Where: Lorne Park Library, 1474 Truscott Dr. Mississauga

Description:

Seed Saving Workshop - Learn how to save seeds and how Seed Libraries work with the Lorne Park Library Librarian and Chief Librarian of the Toronto Seed Library, Brendan Behrmann. We'll be discussing seed freedom, basic seed saving, cleaning, and storage, plus advanced techniques like how to plan seed gardens, and how to deal with biennials & hard-to-save seeds. Bring your questions and expertise, and pick up some free seeds! Free | No registration required

Wed Jun 8, 2016

All day Seniors Get Fit

Wed Jun 8, 2016 - Thu Jun 9, 2016

Where: Clarkson Community Centre, 2475 Truscott Dr, Mississauga

Description:

Seniors Get Fit - gentle exercise program in partnership with Mississauga

Recreation & Parks Free | No registration required | Call for more information 905 615 4840

<mark>--</mark>9:45am-11:15am

Lakeview Library at the Mississauga Seniors' Centre (1389 Cawthra Road)

Where: Lakeview Library, 1110 Atwater Avenue, Mississauga Description:

Lakeview Library at the Mississauga Seniors' Centre (1389 Cawthra Road)- Come for information about the Library's programs, get help downloading FREE books, songs, or magazines from the Library to your Reader. Stop by and pick up your free book to keep! Free | No registration required

1 p m - 4 p m Strawberry Bingo

Where: Huron Park Recreation Ctre At Paisley Blvd W, Mississauga **Description:** Strawberry Bingo Free | No registration required

2 p m - 3 p m Movie Series at Central Library

Where: Mississauga Central Library, 301 Burnhamthorpe Rd W, Mississauga Description:

Wednesday, June 1, 8, 15 and 22, 2pm - Noel Ryan Auditorium Movie Series Free | No registration required

Thu Jun 9, 2016

2pm-4pm MovieMatinee

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga Description:

Movie matinee Join in for the screening of "The Second Best Exotic Marigold Hotel". Free | No registration required

2 p m - 3 p m Moving and Downsizing Solutions for Seniors

Where: Frank McKechnie Community Centre, 310 Bristol RdE, Mississauga **Description:** Moving and Downsizing Solutions for Seniors Free | No registration required

Fri Jun 10, 2016

0 a m - 12 p m Tree Planting near Malton CC

W h e r e : Exact Location TBD, Call 905 615 4640

Description:

Tree Planting (Exact location TBD, please call 905 615 4640 to confirm) Free | No registration required

Sat Jun 11, 2016

2:30 pm-3:30 pm Mississauga maker: Sewing

Where: Churchill Meadows Library, 3801 Thomas St, Mississauga Description:

Maker Mississauga: Sewing - Free | Registered at 905 615 4735

Mon Jun 13, 2016

10 a m - 2 p m Huron Park Seniors Appreciation Week

Where: Huron Park Recreation Ctre. At Paisley Blvd W Mississauga Description:

Huron Park Seniors Appreciation Week - Complimentary coffee and refreshments will be provided. Free | No registration required

Tue Jun 14, 2016

All day event: Older Adult Appreciation

Where: Lakeview Library, 1110 Atwater Avenue, Mississauga Description:

Older Adult Appreciation Week! If you're 55 or older, stop by Lakeview Library during this week to pick up a free book! Free | No registration required

10 a m - 2 p m Huron Park Seniors Appreciation Week

Where: Huron Park Recreation Ctre At Paisley Blvd W, Mississauga Description:

Huron Park Seniors Appreciation Week - Complimentary coffee and refreshments will be provided. Free | No registration required

__12 p m - 7 p m

Get Your Documents Notarized for Free! Commissioner of Oath

Services

 \boldsymbol{W} \boldsymbol{h} e r e : Lakeview Library, 1110 Atwater Avenue, Mississauga

Description:

Commissioner of Oath Services - Get your documents notarized free of charge at Lakeview Library, courtesy of the Newcomer Information Centre. Call the Newcomer Information Centre at 416 528 9452 to book your appointment. Free | Appointment required

12pm-4pm MovieDay

Where: South Common Community Centre, 2233 S Millway, Mississauga Description:

Movie Day - Meet your friends and neighbours for a social afternoon with movies and refreshments. Free | No registration required

2 p m - 4 p m Computer Basics / E-library Basics

Where: Churchill Meadows Library, 3801 Thomas St, Mississauga Description:

Book an appointment for one-on-one computer assistance with library staff. Learn how to use the Library's eBook, online magazine and online music collection on your devices. Free | Registered at 905 615 4735

7 p m - 8 : 3 0 p m Adult Book Club

Where: Churchill Meadows Library, 3801 Thomas St, Mississauga **Description:** Adult Book Club Free | No registration required

Wed Jun 15, 2016

10 a m - 2 p m Huron Park Seniors Appreciation Week

Where: Huron Park Recreation Ctre At Paisley Blvd W, Canada

Description:

Huron Park Seniors Appreciation Week - Complimentary coffee and refreshments will be provided. Free | No registration required

10 a m - 11 a m Kickoff event for the Library's 2016 Woodlanders 55+!

Where: Woodlands Library, 3255 Erindale Station Rd, Mississauga Description:

Wednesday, June 15, 10am - 12pm Kickoff event for the Library's 2016

Woodlanders 55+! The library will be celebrating its older adult social club, the Woodlanders 55+, with refreshments, games and brainstorming activities for future meetings. Free | New members welcome

12 pm - 4 pm Games Day and Dance Try - Its!

Where: South Common Community Centre, 2233 S Millway, Mississauga, ON L5L 3H7, Canada

Description:

Games Day and Dance Try-Its! Join in for some exciting games including Euchre, board games, pickle ball and table tennis. Also get the opportunity to try a variety of dance styles including zumba, salsa, line dancing, bhangra and gidha - Indian folk dance, Bollywood dance. Free | No registration required

1 2 p m - 4 : 3 0 p m Games Day and Try - Its!

Where: South Common Community Centre, 2233 S Millway, Mississauga Description:

Games Day and Dance Try-Its! Join in for some exciting games including Euchre, board games, pickle ball and table tennis. Also get the opportunity to try a variety of dance styles including zumba, salsa, line dancing, bhangra and gidha - Indian folk dance, Bollywood dance. Free | No registration required

2 p m - 3 p m Movie Series at Central Library

Where:

Mississauga Central Library, 301 Burnhamthorpe Rd W, Mississauga **Description:**

Wednesday, June 1, 8, 15 and 22, 2pm - Noel Ryan Auditorium Movie Series Free | No registration required

6 p m - 8 p m Book Club

Where: Lakeview Library, 1110 Atwater Avenue, Mississauga

Description:

Book Club Join the branch to discuss the book of the month together. You can pick up your book at Lakeview Library the month before: "The Headmaster's Wife," by Thomas Christopher Greene. Free | No registration required

7pm-8:30pm Knitting

Where: Lorne Park Library, 1474 Truscott Dr, Mississauga

Description:

Knitting - All Mississauga Library Knitting groups and other library customers are welcome to join the Lorne Park Library Sit 'n Knit group at Lorne Park Library. This is an open meeting for knitters and others to "Show and Tell" their needlework projects. Free | No registration required

Thu Jun 16, 2016

10 a m - 2 p m Huron Park Seniors Appreciation Week

Where: Huron Park Recreation Ctre At Paisley Blvd W

Mississauga

Description:

Huron Park Seniors Appreciation Week - Complimentary coffee and refreshments will be provided. Free | No registration required

11am - 2pm Emergency Preparedness and Fire Safety Open House

Where: 3600 Thomas St, Mississauga - Fire Station 122

Description:

Emergency Preparedness and Fire Safety Open House - Join Mississauga's Adult Injury Prevention Network (AIPN) for an opportunity to learn useful safety tips and visit a working fire station and truck!

2 p m - 3 p m Personal Safety, Frauds and Home Security

Where: Frank McKechnie Community Centre, Mississauga Description:

Personal Safety, Frauds and Home Security Free | No registration required

2 p m - 4 p m The Adult Colouring Craze

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga Description:

The adult colouring craze - Join the group as we pick up our pencilcrayons and colour abstract designs. Free | No registration required

Fri Jun 17, 2016

10 a m - 2 p m Huron Park Seniors Appreciation Week

Where: Huron Park Recreation Ctre At Paisley Blvd W, Mississauga Description:

Huron Park Seniors Appreciation Week - Complimentary coffee and refreshments will be provided. Free | No registration required

1 p m - 4 p m Movie and Popcorn

Where: Malton Community Centre, 3540 Morning Star Dr, Mississauga

Calendar: Seniors' Month Events in Mississauga

Description: Movie and Popcorn (Mamma Mia) Free | No registration required

Mon Jun 20, 2016

10 a m - 11: 30 a m Adult Book Club

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga Description:

Adult book club. The title selected is "Deafening" by Frances Itani. Free | New members welcome

Tue Jun 21, 2016

All day Garden Cafe Volunteer Luncheon

Tue Jun 21, 2016 - Wed Jun 22, 2016

W h e r e : Mississauga Seniors Centre, 1389 Cawthra Rd, Mississauga,

Description:

Garden Café Volunteer Luncheon - An appreciation luncheon for the women & men who volunteer in the Mississauga Seniors' Centre Garden Café throughout the year. Free | By invitation only

2 p m - 4 p m Computer Basics / E-library Basics

Where: Churchill Meadows Library, 3801 Thomas St, Mississauga, Description:

Book an appointment for one-on-one computer assistance with librarystaff. Learn how to use the Library's eBook, online magazine and onlinemusic collection on your devices.

Wed Jun 22, 2016

All day Annual Potluck Picnic (rain or shine)

Wed Jun 22, 2016 - Thu Jun 23, 2016

Free | Registered at 905 615 4735

Where: Clarkson Community Centre, 2475 Truscott Dr., Mississauga

Description:

Annual Potluck Picnic (rain or shine) Free | No registration required, call 905 615 4840 for details

2 p m - 3:30 p m Documentary Film Screening

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga

Calendar: Seniors' Month Events in Mississauga

Description:

Documentary film - Join the library for the screening of "Cyber Seniors" Free | No registration required

2 p m - 3 p m Movie Series at Central Library

Where:

Mississauga Central Library, 301 Burnhamthorpe Rd W, Mississauga **Description**:

Wednesday, June 1, 8, 15 and 22, 2pm - Noel Ryan Auditorium Movie Series Free | No registration required

Thu Jun 23, 2016

1 2 p m - 4 p m Celebrating Senior's Month Open House W h e r e : Frank McKechnie Library, 310 Bristol Rd E, Mississauga Description: Celebrating Senior's Month Open House Free | No registration required

2 p m - 4 p m Intergenerational Board Games

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga Description:

Intergenerational board games - Come and play Scrabble, Monopoly, Dominoes, Chess and more. Free | No registration required

12:30 a m - 3 p m Strawberry Bingo

Where: Mississauga Seniors Centre, 1389 Cawthra Rd, Mississauga

Calendar: Seniors' Month Events in Mississauga

Description:

Strawberry Bingo Enjoy an afternoon of bingo followed by a scrumptious

strawberry shortcake dessert! Tickets \$10 (sold in advance) |Mississauga Seniors' Centre

members only

10:30 a m - 12 p m Colouring vs. Lego

Where:

Mississauga Valley Library, 1275 Mississauga Valley Blvd, Mississauga

Description:

Colouring vs Lego: hands on program featuring crafts for an active and creative mind Free | No registration required

1 p m - 2 p m Container Gardening Workshops and Garden Tour

Where: Malton Library, 3540 Morning Star Dr, Mississauga

Description:

Container Gardening Workshop and Garden Tour - come meet other people and share a cup of coffee or tea while learning about the basics of container gardening. Enjoy a stroll to the community garden for a garden tour. Free | Registration required

1 p m - 3 p m Line Dancing

Where: Malton Community Centre, 3540 Morning Star Dr, Mississauga

Created by: agefriendly.mississauga@gmail.com Description:

Line Dancing Free | No registration requried

Tue Jun 28, 2016

2 p m - 4 p m Computer Basics / E-library Basics

W h e r e : Churchill Meadows Library, 3801 Thomas St, Mississauga

Description:

Book an appointment for one-on-one computer assistance with library staff. Learn how to use the Library's eBook, online magazine and online music collection on your devices. Free | Registered at 905 615 4735

Wed Jun 29, 2016

11am - 12pm Fraud and Scam Prevention

Where: Streetsville Library, 112 Queen St S, Mississauga

Description:

Fraud and Scam Prevention - Information session by Peel Police providing crime prevention education and tips. Specifically designed for older adults. Free | No registration required

2 p m - 3 : 3 0 p m Older Adult Social Club

Where: Burnhamthorpe Branch Library, 3650 Dixie Rd #101, Mississauga

Description: Come meet other people and socialize! Free | No registration required

2 p m - 4 p m Strawberry Social

Where:

Mississauga Central Library, 301 Burnhamthorpe Rd W, Mississauga

Description:

Strawberry Social - Come to socialize with your friends and meet new people while you listen to great music and interesting speakers. Light refreshments and cake will be offered. Free | No registration required

7 p m - 8 : 3 0 p m Clarkson Library Book Club

Where: Clarkson Library, 2475 Truscott Dr, Mississauga

Description:

Clarkson Library Book Club - Annual Book selection for 2016-2017 season. Free | No registration required