

## **OLDER ADULT ADVISORY PANEL**



### **Angela Loconte**

Angela retired as a certified social worker in January, 2014. Her social work career started in the early 80's with the Dufferin-Peel Roman Catholic School Board as an Italian speaking social worker in the Malton family of schools. She has also worked in a family counselling agency, the Province of Ontario supervising over 35+ mental health and addiction programs and lastly, spent over 20+ years as a health promotion consultant at Toronto Public Health. Her primary area of focus at Toronto Public Health was in mental health promotion, violence prevention and suicide prevention. She was also a chair/co-chair for over 10 years at the Ontario Public Health Association (OPHA) Violence prevention workgroup.

She has experience in applied research, program development, strategic planning, supervising graduate social work students and mentoring foreign trained social work professionals. She enjoys reading, gardening, and is committed to lifelong learning and passionate in social justice.



### **Bernard Jordaan**

Bernard was born in beautiful Cape Town, South Africa, moving to Mississauga later in life after working in Edmonton for 10 years, in the construction industry.

Bernard has served as President of the United Senior Citizens of Ontario board for three years, He is the President of Meadowvale Seniors Club, and past Chair and founder of the Mississauga Seniors' Council. In 2012 Bernard was awarded The Queen Elizabeth 11 Diamond Jubilee Medal and the Mississauga Senior of the year award. In 2013 he received The Timothy Street award for outstanding and dedicated service to Countrymen, Community and Canada. Most recently, Bernard was awarded the Provincial Senior Achievement Award for 2015.

Bernard currently travels around Ontario to speak on issues facing seniors in their daily lives. He possesses designations in communication and leadership and is a distinguished toastmaster. In his spare time Bernard enjoys, traveling, taking cruises, meeting new people and ballroom dancing with his wife Lois. Bernard is passionate about issues affecting the daily lives/living conditions of seniors in Mississauga and Ontario.



**Brenda Solomon**

Brenda has resided in Mississauga for 36 years. Her passion for education and multiculturalism led her into a career teaching English. Her love of languages and poetry led her to co-authored two books. As a member of the Refugee Committee at her church, she assisted Vietnamese families in adjusting to the new culture in Canada. Brenda is a past member of Mississauga Caribbean Association; and the Spiritual Life and Worship Board of her church.

In her spare time, Brenda enjoys writing poetry for special occasions. Her commitment to multiculturalism and love of travel has resulted in her visiting 55 countries. She hopes to contribute to the city by helping to create an active, vibrant, healthy and informed older adult community.



**Claire Campbell**

As a resident of Peel for the last 68 years Claire Campbell has gained a unique perspective on the Mississauga Community. During her career Claire owned and operated a successful educational supply company, Childscope that was later sold to a competitor. She continued to consult for the new company while spending her spare time at the theatre, reading and writing. Claire has volunteer experience on the Elizabeth Fry Society Board, Osteoporosis Society and Cancer causes.

Claire enjoys taking interest courses at Sheridan College and spending time with family and friends. Claire has a strong understanding of older adult needs and is interested in developing and improving services/resources available for older adults. She would like to bring awareness to the services that currently exist within the City of Mississauga.



**Colin Moore**

Colin was born in England later moving to Mississauga with his wife and three children in 1976. He spent his career working for Hydro One supporting the fossil fuel power stations. Following his move to Mississauga Colin served 15 years on his townhouse’s Board of Directors, 10 of those years he was president. He has also served as the Regional Councillor for Professional Engineers Ontario; Professional Standards Committee; Legislation Committee; Discipline Committee; Audit Committee; and has been an Mississauga Chapter Executive for 32 years (Chair in 1986 and 1987).

Colin would like to help improve the lives of older adults in our community and make it easier for seniors to age at home. Colin’s vast committee experience, passion for improving the lives of older adults and professional writing skills are assets to the Older Adult Advisory Panel.



**Frank Stendaro**

When Frank immigrated to Canada in 1961 he began to long for the Italian culture he had left behind. Through the participation and creation of community groups Frank has found that culture. He initially began a community soccer club called Intercontinental Italia which he managed for 10 years.

Frank is the current President of Huron Park Italo Canadian Seniors Club and a liturgy director for his

parish. He is also the Public Relations representative of the Lazio Federation in Woodbridge (which represents 50 clubs), the previous President of Minturno Social and Cultural Club, and the Heritage Director of Italfest, a festival held in Mississauga every year, which is attended by more than 20,000 people.



**Margot Anderson**

Margot has been a Mississauga resident for over 30 years. She has been married for over 25 years and is the proud parent of a teenage daughter.

Margot received both college and high school diplomas in Mississauga at Thomas L. Kennedy High School and Sheridan College of Applied Arts. She obtained her college diplomas in Marketing and Advertising. She has specialized in the Advertising/Communications industry for over 30 years.

Margot has a strong bond to the City of Mississauga. Her family regularly enjoys the various programs and courses in the community.

Margot has a passion for the Older Adult population in Mississauga. This has been the result of advocating for her mother and coming into contact with many of the Older Adult residents who are accessing the various services in Mississauga.

She is confident that she will be able to make a valuable contribution towards the quality of life and experiences of the older adults in Mississauga.



**Mridula Srivastava**

Mridula is a highly skilled professional with a Bachelor of Arts Degree in Psychology and 18 plus years of banking experience. She has organized her own non-profit group and it has successfully improved the quality of life for new comers and seniors of the South Asian origin and has met their community needs. Mridula is very involved in community engagement and volunteering. She is an active task force Retired Senior Volunteer Ambassador who has established and

engaged seniors in RSVP program, for the last 2 years at Volunteer MBC.

Mridula has won many awards in her lifetime. One specific award was the “Community Spirit Award” from Royal bank in 2011 upon her retirement.

Mridula a great team player with a strong belief in diversity and giving back to the community. By volunteering and leading a non-profit group, she learned and developed many new skills such as leadership, effective communication, organization, interpersonal skills, and fund raising. She gained a wealth of knowledge, and has networking skills that can be helpful to any position that is held. Mridula is fluent in Hindi, Urdu, and Punjabi and have some knowledge of German.



**Parampal Sodi**

Parampal (Prem) Sodi was born in Nairobi, Kenya and later immigrated to London, England. She came to Canada with her husband in 1980 and settled in Mississauga, where she raised their three children. She likes travelling, spending time with her family and reading books on spirituality.

Prem began her volunteer work teaching English as a Second language to older adults at a local school in the community. She provided translations in both Hindi and Punjabi for new immigrants settling in the GTA, and guidance for a seamless transition into Canadian life.

She then joined the not-for-profit organization Heart House Hospice in Mississauga where she chose to provide hospice palliative care companionship to the elderly. Prem’s personal growth in her faith and spirituality enables her to be present to these families, listening to their life stories without judgement. She provides a compassionate ear to those that share and encouragement to those that need it.



In addition to hospice palliative care, Prem's provides spiritual care and bereavement support to clients and their families. She also volunteers at Credit Valley Hospital where she helps support the staff and interacts with patients.

Currently, Prem continues to volunteer at Heart House Hospice and Credit Valley Hospital. She belongs to the Credit Valley Seniors Club and is a Mississauga Seniors Council Member. Prem's experiences over the past ten years fuels her desire to see changes in services provided to older adults in Mississauga. She looks forward to planning with her colleagues and city staff on how to best deliver these services.



**Robert Harrick**

Robert Harrick spent his career employed in the outboard motor, chemical and lubricant business. This developed his various managerial skills in sales, distribution and finance management. During his career he married his wife Margret and had 4 children. Following retirement Bob became president of the Credit Valley Seniors Club. During this time he assisted in more than doubling the clubs membership. Currently Bob is the Chair of the Mississauga Seniors Council, Credit Valley Seniors Secretary and Treasurer of the Hillcrest Ratepayers Association.

In his spare time Bob has coached many years of youth hockey, baseball and soccer. Bob's committee participation has brought him a solid knowledge of older adult's diverse needs and interests. Bob is passionate about engaging the community and fostering relationship and connections among older adults. He would like to improve overall quality of life for older adults in Mississauga.

## **CITY OF MISSISSAUGA STAFF**



**Andy Bate** - Manager, Traffic Services and Road Safety

Andy Bate is the current Supervisor of the Traffic Operations Unit. He supervises a technical staff of 14: 1 Road Safety Coordinator, 6 Traffic Technologists and 7 Traffic Technicians. Andy's main job function is to ensure the effective implementation of traffic measures throughout the City's road network in an effort to maximize traffic flow while ensuring the highest level of safety for all pedestrians, cyclists and motoring traffic. During his day to day experiences with the public Andy is sensitive to the specific needs of all age groups to ensure that the city's roadway infrastructure is functioning at the highest level of service possible.

In his spare time Andy enjoys golfing and travelling. His day to day experience with the general public, specifically the needs of older adults will be a benefit to the Older Adult Advisory Panel.



**Diana Simpson** - Accessibility Coordinator

Diana Simpson graduated from the University of Waterloo with an Honours BA in Recreation, Business and Co-Op program. Her studies gave her a strong knowledge of providing recreation services to individuals with disabilities. Prior to her current position Diana worked as a recreation therapist for 12 years providing recreation for individuals with a range of abilities. Specifically her therapeutic work included neurological rehabilitation, recent amputation and individuals with respiratory problems.

More recently Diana has worked for the City of Mississauga as a Recreation analyst for Seniors

Programs. During this time she created and implemented the Next Step to Active Living Program, a day program for adults with disabilities. In 2003 she took on her role as Accessibility Coordinator in Facilities and Property Management, where she led the development of the City of Mississauga's first accessibility plan.



**Diane Kendall** - Manager, Lorne Park Library Services

Diane Kendall has been a Mississauga resident since 1994. She has worked for the Mississauga Library System since 1990, at various branches including Central Library, South Common Library, and Clarkson Library. Currently she is the Manager of Lorne Park Library and has been since 2007. In 2012, the Mississauga Library System created an Older Adult Committee for the purpose of improving programs and services to older adults. Diane is the Chair of the Library Older Adult Committee, which meets bi-monthly to regularly discuss ideas for programming.

Diane has represented the Library at Older Adult Fairs and events, including CARP and the Older Adult Centres of Ontario Assoc. Conference. Diane's extensive experience working with the older adult demographic has provided her with the knowledge and experience to actively participate in the Older Adult Advisory Panel.

**Emily Irving** - Policy Planning





**Lorena Smith, *Chair of OAAP*** – Community Development Coordinator, Older Adult

Lorena Smith is currently the Community Development Coordinator of Older Adults with the City of Mississauga. This role involves facilitating the city’s older adult strategic directions, which include implementation of the Older Adult Plan recommendations and achieving the (WHO) Age Friendly Cities designation for the City of Mississauga. Prior to this position Lorena held senior positions in the retirement home industry, including Executive Director for Sunrise Senior Living. She is a graduate of the Canadian Healthcare Association, Long Term Care Management Program and is a current CARF International accreditation surveyor.

In her spare time Lorena enjoys spending time with family and friends, golfing, cycling, tennis and walking her very active Cairn Terrier, Cooper. She is known to have a good sense of humor and loves mentoring future leaders. Lorena is passionate about working with seniors and much focused on client centred care and quality.

**Patricia Runzer** – Supervisor Community Outreach, MiWay

Patricia Runzer is currently the Community Outreach Supervisor for MiWay, the City of Mississauga’s public transit. Specifically Patricia works in the Transit Marketing section in the Transportation and Works department. In 2010 Patricia contributed to the launch of a new MiWay brand developing the Community Outreach section. The Community Outreach is a two way community engagement with various groups including youth, older adults, and commuters. The MiWay Outreach activities help manage transit service

expectations, increase ridership and educate residents about the new MiWay brand.

Patricia has now expanded her MiWay Outreach team to include one full time Outreach Coordinator and six university/college students who attend more than 150 Community events per year. She is very glad to be working as part of the Older Adult Advisory Panel.