

Fitness Rates

Membership and Services

Fit Membership:

Prices subject to change

Membership Type	12 Months Best Value (pay per month)	3 Months	1 Month	5+ Visit Card	Single Visit
Adult (18- 64yrs)	\$ 457.50 (\$38.13/mo.)	\$155 equals \$51.67/mo.	\$55.90	\$9.68/visit	\$10.75/visit
Youth (10-17yrs)* [†] Full-Time Students* Older Adult (65+yrs)* Person with a Disability*	\$366 (\$30.50/mo.)	\$124 equals \$41.33/mo.	\$44.72	\$7.74/visit	\$8.60/visit

Fit+ Membership:

Membership Type	12 Months Best Value (pay per month)	3 Months	1 Month
Adult (18- 64yrs)	\$ 480 (\$40/mo.)	\$163 equals \$54.33/mo.	\$59
Youth (10-17yrs)* [†] Full-Time Students* Older Adult (65+yrs)* Person with a Disability*	\$384 (\$32/mo.)	\$130.40 equals \$43.47/mo.	\$47.20

Walking Track Membership Rates: Carmen Corbasson Community Centre

Walking Membership	12 Months Best Value (pay per month)	3 Months	1 Month	5+ Visit Card	Single Visit
Adult (18- 64yrs)	\$ 103.50 (\$8.63/mo.)	\$52 equals \$17.33/mo.	\$26	\$2.55/visit	\$2.85/visit
Youth (10-17yrs)* [†] Full- Time Students* Older Adult (65+yrs)* Person with a Disability*	\$ 82.80 (\$6.90/mo.)	\$41.60 equals \$13.86/mo.	\$20.80	\$2.10/visit	\$2.30/visit

*Documentation required. [†]Waiver form required for youth memberships

- All prices exclude applicable taxes and non-resident fee.
- 10% membership discount if purchased by 2 or more members of the same immediate family.
- Corporate discount of 20% on fitness memberships for groups of 10 or more.
- If you need to cancel your membership you may do so at any time and receive a pro-rated refund minus the \$10 administration fee.

Personal Training & Squash Lesson Rates

Personal Training Rates: 60 Minute Sessions

Sessions	Private	Semi-private (2 people)
1-4 sessions	\$54/session	\$36.10/person/session
5-9 sessions	\$48.60/session	\$32.49/person/session
10+ sessions	\$43.20/session	\$28.88/person/session

Group Training Rates: 60 Minute Sessions

	Private
Group training (3-6 people)	\$15/person/session
Team training (8-20 people)	\$109.65/session of team training

Squash Lesson Rates: 40 Minute Lessons

Lessons	Private	Semi-private (2 people)
1-4 lessons	\$46.70/lesson	\$31.10/person/lesson
5-9 lessons	\$42.03/lesson	\$27.99/person/lesson
10+ lessons	\$37.36/lesson	\$24.88 /person/lesson

- For more information on training sessions or squash lessons visit the customer service desk at any community centre.