

Fitness/Active Living Membership Amalgamation

Effective: September 2, 2013

- **Where can I use my membership?**
 - *Memberships can now be used at all Active Living and Fitness Centres that have a customer service desk.*
- **Why are membership privileges now available for use at Active Living and Fitness Centres?**
 - *More choice. Changes to our membership privileges will now enable customers at Active Living Centres the option to access all fitness drop-in classes for one fee and will allow our current fitness members the opportunity to attend additional fitness classes at Active Living locations.*
- **What fitness classes does my membership allow me to attend?**
 - *Fitness classes on the Drop-In Schedule at Active Living and Fitness Centres except aquatic exercise classes, "Specialty" and "Registration Only" classes.*
- **Does my membership entitle me to take specialty fitness classes (i.e. 90 minute classes, cycling, boxing, etc.)?**
 - *These classes are only available for registration, as an add-on to your membership or a discounted drop-in fee. Please check with the specific facility about specialty classes offered or choose "Register. Set your schedule" option at mississauga.ca/recreation for more details.*
- **Will I be guaranteed a spot in the fitness drop-in classes?**
 - *Sign-up for drop-in classes are first come, first served. Once signed-up, spots are guaranteed (unless late). Please check with the facility for sign-in procedures and class availability.*
- **If I am registered for a class that also has drop-in availability, am I always guaranteed my spot?**
 - *Yes – registered participants have the guarantee that they will have a spot regardless of the number of drop-in spots available.*
- **I currently register for my favourite registration class. If I switch to a membership option will I still be guaranteed my spot every week?**
 - *To guarantee your spot weekly, you should continue to register for the program. We cannot guarantee all programs will be available for drop-in or will have available spots.*
- **Aside from the drop-in classes at Active Living and Fitness Centres, what else is included in the membership option?**
 - *Membership privileges: Weight Room, Cardio Equipment Area, Squash, Change Rooms and Saunas, Recreational Public Skating and Swimming, (amenities and services vary at each centre). We also offer a multiple membership family discount and several specialty memberships. Please visit mississauga.ca/recreation or enquire at your nearest facility for more details.*