

River Grove Community Centre Official Re-opening Celebration

*Saturday, August 16
12 noon to 4 p.m.*

Official Welcome takes place at 12 noon, followed by refreshments

FREE ACTIVITIES for the whole family!

POOL

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|---------------------|----------|
| 1 p.m. to 2:30 p.m. | Fun Swim |
| 2:30 p.m. to 4 p.m. | Fun Swim |

FITNESS STUDIO

| | |
|------------------------|------------------------|
| 1:15 p.m. to 1:35 p.m. | Zumba |
| 1:45 p.m. to 2:05 p.m. | Zumba Tone |
| 2:15 p.m. to 2:35 p.m. | Yoga |
| 2:45 p.m. to 3:05 p.m. | Belly Fit (Women Only) |
| 3:15 p.m. to 3:35 p.m. | Pi/Yo |

GYMNASIUM

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|----------------------|---------------------------------|
| 12:30 p.m. to 1 p.m. | Trial Karate Class |
| 3 p.m. to 4 p.m. | 20-Minute Trial Archery Classes |

PROGRAM ROOM

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|------------------------|-----------------------|
| 1 p.m. to 1:20 p.m. | Guitar Try-It Class |
| 1:30 p.m. to 1:50 p.m. | Keyboard Try-It Class |
| 2 p.m. to 2:20 p.m. | Guitar Try-It Class |
| 2:30 p.m. to 2:50 p.m. | Keyboard Try-It Class |

ARTS' STUDIO

Community Groups are invited to set up displays in this space. Drop in to visit St. John's Ambulance, Montessori, South Asian Seniors Group and the Hawaiian Club.

YOUTH ROOM

Have your cupcake and eat it too!
Cupcake Decorating hosted by River Grove Currents Youth Advisory Committee.

SENIORS' ROOM

Take part in the day's special program and find out more about the activities the River Grove Friendship Seniors Club offers.