

Canadian Swim To Survive Standard

The City of Mississauga is proud to offer the Swim to Survive Program. This program has been developed to ensure that Grade 3 children in Ontario learn basic survival skills and could survive an unexpected fall into deep water. Learning to swim is a fundamental skill that can benefit all students, however many children may not have the opportunity for swimming lessons within or outside their instructional day at school. The program is designed to accommodate all abilities while reinforcing essential survival skills.

The Swim to Survive program is for Grade 3 students. There are three parts to the program:

- 3 in-water swimming lessons (teaching them to roll, tread water and swim in a continuous sequence)
- 3 in-classroom water safety lessons linked to the Ontario curriculum
- Parent information about the Swim to Survive program

The Swim to Survive Program would not be possible without our sponsors.



This program is an important step to being safe around water. Please speak to your child's teacher to find out if your school is participating in the program.

For more information, please contact Sue Maurice at 905-615-3200 x2302.